

Swim Challenge T-30

Lap Counting Worksheet



Participant Name: _____ **Boy** **Girl**

Lap Counter Name: _____

Circle One: **8U** **9-10** **11-12** **13-14** **150**

2	4	6	8	10	12	14	16	18	20	22
24	26	28	30	32	34	36	38	40	42	44
46	48	50	52	54	56	58	60	62	64	66

68	70	72	74	76	78	80	82	84	86	88
90	92	94	96	98	100	102	104	106	108	110
112	114	116	118	120	122	124	126	128	130	132

134	136	138	140	142	144	146	148	150	152	154
156	158	160	162	164	166	168	170	172	174	176
178	180	182	184	186	188	190	192	194	196	198

Total Number Laps _____