

**All Information is subject to change without further notice**

**2018 Delaware Riptide Aquatics Swim Team**

Welcome to Delaware Riptide Aquatics!!

**May 15th**- Online Registration for Returning swimmers only will be open.

\*\*\* Swimmers are REQUIRED to wear a RIPTIDE Cap and navy blue suit during all meets and invitationals\*\*\*

All swimmers need to have swim goggles during practice and meets. All Swimmers with long hair need to wear a cap to practice and meets. And it is highly recommended (not required) that swimmers ages 12 and under purchase swim fins for use in practice.

**May 29th- June 8th** - Evening practice at Frog Hollow pool - During this time, we will evaluate if any further time changes need to be made to our morning practice time schedule, based on enrollment numbers.

Tides: 4:00-4:45pm

Waves 4:00-5:00pm

Tidal Waves 5-6:15pm

Tsunamis 6:15-7:45pm

**Thursday, May 31st- New Swimmer Tryouts at 5pm!** Please print the waiver form from the website and bring it with you. Try our practices for a week for free to see if it is right for you. Coaches will tell you which group/time to register for. If you plan to join the team, new swimmers must be registered by June 7<sup>th</sup> at 5pm. Please email [lforman1@verizon.net](mailto:lforman1@verizon.net) if you would like to attend the tryout. (There is a slight chance that we will not hold new swimmer try outs this year due to the limited space and time in the pool, that decision will be made once we see how many returning swimmers register)

**Friday, June 8th- Parent Meeting 5:45pm at the pool.**

**Friday, June 8th**- The Swim Shop will be at the pool from 4:30-6:30 for team suits orders. Team Suits are not required. They will also have practice suits, caps, goggles, etc.

**Saturday, June 9th** – There is an Official’s Clinic being held at the Dover YMCA in Dover, Delaware at 9am. This is for anyone who did not officiate last year. Please let me know if you can attend, we would like to have at least 5 registered officials to work the meets this summer. Anyone who was an official last year, doesn’t need to attend, they need to do the online refresher course. If you can attend the class, email me at [lforman1@verizon.net](mailto:lforman1@verizon.net)

**Monday, June 11th** – First day of morning practice for all swimmers. There is no evening practice going forward.

**Morning Practice Times and Fees:**

**Practice times are subject to change based on the numbers of total team registration and within each swimmer group. (Times are adjusted as we need to be out of the pool by 10:30 am, which is 30 minutes earlier this year)**

Tsunamis 6:00 – 7:45am \$195 per swimmer

Tidal Waves 7:30 – 8:45am \$180 per swimmer

Waves 8:30 – 9:45am \$180 per swimmer

Tides 9:30 - 10:15am \$160 per swimmer

These fees pay for pool rental, coaching staff and lifeguard salaries, liability insurance for staff and swimmers, ribbons/awards, end of season banquet supplies and awards, equipment/maintenance/website, etc.

**All registration is done online.**

**Returning swimmers will not be allowed in the water if they haven’t paid for their registration.**

**Friday, July 6th**– Parent / Swimmer Relay Fun Breakfast – This is a fun morning for all so please plan on joining us and bring your swimsuit!!

**Friday, July 20th**– Last regular season practice for all swimmers except swimmers going to the championship meet.

**Sunday, July 22th** – End-of-Season Awards Banquet (**Place TBA**)

**July 23-27th** – Practice this week is for swimmers who have a qualifying cut time for the Delmarva Swim League Championship meet, or have been invited by the coaches to participate in a relay.

**July 28th** – Delmarva Swim League Championship Meet – for more information on the league and the champs meet go to [www.delmarvaswim.org](http://www.delmarvaswim.org).

**General Description of Swimmer Groups:**

***Tides:*** Must be able to swim 25 yards on stomach and back unassisted without holding on to the lane lines. Must be able to tread water for 1 minute. Ability to float on stomach with face in the water and on back. NO official "strokes" needed.

***Waves:*** Must be able to swim 50 yards of freestyle and 50 yards of legal backstroke (open turns allowed). Must be able to complete 25 yards of breaststroke and butterfly (nearly legal). Must be able to swim 100 yards of freestyle without resting.

***Tidal Waves:*** Must be able to swim 50 yards of all 4 strokes (almost completely legal). Must have some knowledge of turns and transitions. Must be able to swim 200 yards of freestyle without resting and complete the 100 IM without resting.

***Tsunamis:*** Ability to swim 100 yards of all 4 strokes (completely legal with appropriate turns). Ability to perform all turns including IM transitions. Must be able to swim 500 yards of freestyle without resting and complete the 200 IM without resting.

These categories are a general guideline and they are based on ability rather than age. It will be up to the coaches to determine if the swimmer needs to

be moved into a different level based on their abilities. If your swimmer is asked to swim up a level, you will be asked to pay the difference in the fees, if necessary.

**REFUND POLICY**-Once registered, no refunds will be given after June 30th for any reason except medical reasons with a doctor's note and the approval of the Riptide board members. Any refunds may be pro-rated based on the date a medical note is received and in all cases a \$25 fee will be assessed.

Please check us out on Facebook, **Delaware Riptide Aquatics**

If you have any questions or concern, please email us at [deriptideswim@gmail.com](mailto:deriptideswim@gmail.com)

We are all looking forward to an exciting season!!